

Chinese Herbology

Guiding Medicinals continued...

Channels

Lung Hand Tai Yin

Large Intestine Hand Yang Ming

Stomach Foot Yang Ming

Spleen Foot Tai Yin

Heart Hand Shao Yin

Small Intestine Hand Tai Yang

Urinary Bladder Foot Tai Yang

Kidney Foot Shao Yin

Pericardium Hand Jue Yin

San Jiao Hand Shao Yang

Gallbladder Foot Shao Yang

Liver Foot Jue Yin

Guiding Medicinals

Jing Jie, Sheng Ma, Cang Bai, Bai Zhi

Da Huang, Bai Zhi, Sheng Ma, Shi Gao

Bai Zhi, Sheng Ma, Shi Gao, Ge Gen

Bai Zhi, Ge Gen, Cang Zhu, Sheng Ma, Bai Shao

Huang Lian, Xi Xin

Mu Tong, Den Xin Cao, Gao Ben, Huang Bai

Ge Gen, Qiang Huo

Du Huo, Rou Gui, Zhi Mu, Xi Xin

Chai Hu, Mu Dan Pi

Upper Burner: Zhi Zi, Gui Zhi, Wan Qian, Di Gu Pi

Middle Burner: Qing Pi

Lower Burner: Fu Zi

Chai Hu, Qing Pi

Wu Zhu Yu, Chai Hu, Chuan Xiong, Qing Pi

